

# Creativity

## **Art for Non Artists**

The new initiatives of AFNA no longer only focus in fostering artistic qualities, but also in using our artistic ability to serve the community. We will be visiting local schools or orphanages, helping them in various ways e.g. art therapy. Also, we'll be making trips to visit museums and expos as well as to learn to appreciate and create various art forms. **This activity is also available as Community Service.**

Supervisor: Selwyn Price

## **Art House**

Art House is a creative activity that involves introducing students to and watching largely independent and/or experimental films and holding post-film discussions. The emphasis on this Quan Cai is to involve students at all stages, from the selection and introduction of the film through to leading the discussion. Every week a new film is viewed ranging from the contemporary and the avant-garde to classics of the genre from the sixties and seventies. A variety of film methods are viewed and analyzed, including stop-motion and other animations. Discussions range from plot and adaptation to setting and cinematography.

Supervisor: Selwyn Price

## **Blueprint**

Blueprint provides a design service to the LPC community, largely responding to briefs from clients looking for publicity materials for services and events. Students have been allocated particular design briefs, and follow the process through from brief to completed artwork, primarily using text and imaging software such as Photoshop. **This activity is also offered as Campus Service!**

Supervisor: Cherrie Cheung

## **Bridge Club**

Bridge, not a gambling game, is a card game of mind art. We will organize regular gatherings for people who would like to play bridge and conduct tutorials for those interested in learning. It's a good chance to relax, train your mind and make friends in the stressful LPC life.

Supervisor: Beta Chau

## **Business Club – new activity!**

The Business Club ran as an unofficial Quan Cai last term. Towards the end we had, despite exams and the unofficial status, a student participation of about 15 students. For further details, please consult the activity supervisor.

Supervisor: John Tonks

## **Chess and Games**

Chess and Games takes place on Saturday evenings when other activities are not scheduled. It provides a platform for chess and game lovers from various cultural backgrounds to exchange their knowledge and sharpen their skills. It aims at improving the members' logical thinking through playing chess and games. New chess and games are introduced, and basic theories and skills analyzed. In one aspect of the College life it helps to promote the spirit of the UWC movement.

Supervisor: Jason Jiang

### **Chinese Cooking**

Chinese Cooking aims to promote Chinese culture through the art of cooking. The group members learn the basic skills of Chinese cooking under guidance from student leaders.

Supervisor: Li Ping

### **Chinese Dance and Music**

Chinese dance and music are important parts of Chinese Culture. The objective of LPC Chinese Dance and Music team is to share the Chinese culture with the LPC community. Chinese Dance and Music performances take place in all Important College events including Welcoming Show, Chinese Cultural Evening and the Fund Raising show and the group participates in the HK Schools' Dance and Music Festival every year.

Supervisor: Li Ping

### **Chinese Debate**

Please see the CAS Adviser of this activity for details.

Supervisor: Cherrie Cheung

### **Chinese Orchestra**

Chinese Orchestra aims to share Chinese music culture with the College community, nurture a team spirit among members and allow individuals to further enhance their personal skills. Chinese music performances take place at all important College events. **Participants must have basic Chinese instrument playing skills.**

Supervisor: Li Ping

### **Choir**

Students of all vocal abilities (whether beginner or experienced) meet each week to work together on popular choir songs, songs from shows and classical pieces. The pieces are chosen for 4 to 8 voices: soprano, alto, tenor and bass. After practising separately on the voices, the choir will sing together, concentrating on the melodies and timing of the voices and on producing a clear and pleasant sound. We have a lot of fun singing together - so come and join us!

Supervisor: Stella McCracken

### **Circus**

The circus group meets each week to learn and teach each other a variety of circus skills. The emphasis is on training and performance and we practise the diabolo, juggling, plate spinning, the devil sticks - and probably more! When we feel confident, we will go out into the community and perform for the elderly, children in hospitals and orphanages and teach children with disabilities some of our skills.

Supervisor: Stella McCracken

### **Cultural Evenings - *new activity!***

Every year 3-4 regions of the world are represented by their home students (and students from other regions) in an evening of song, dance and acting. Students work intensely to prepare the one night performance as well as events in the run up to the performance night. NOTE: This activity counts as one term of Creativity only where a sustained contribution is shown.

Please see the designated Supervisor for each Cultural Evening.

### **Dragon Dance**

Dragon Dance is an activity with the objective to share Chinese culture with the College community, nurture a team spirit among members and allow participants to extend their personal boundaries. Dragon Dance performances take place at all important College events including Welcoming Show, Open Day, Chinese Cultural Evening and the Fund raising show.

Supervisor: Li Ping

### **Eclipse Dance Group**

Please see the CAS Adviser of this activity for details. **This activity is also offered as Action!**

Supervisor: Jesus Sanchez Rodriguez

### **English Debate**

The primary aim of the activity is to help develop the individual analytical and organizational skills that are necessary to formulate solid arguments. Debate requires a full year commitment. Last year, students participated in the Sing Tao inter school debating competition in addition to organizing an on-campus tournament open to both international and local schools in Hong Kong.

Supervisor: Peter Smith

### **Filming and Editing**

Filming and editing is an activity that attempts to record the key activities and events of campus life in video format. The final edited product being a short film produced at the end of the year and given to the departing second years as a souvenir of their two years at LPC.

Supervisor: Trevor Marriott

### **G-eneration X - *new activity!***

A new student initiated activity with the aim of producing a personal comic with other students who share an interest in comic book art. Students will learn more about the skills and techniques involved in producing a comic and work cooperatively as a creative team. The group

will learn about the cultural aspects of comic book art in both Western and Eastern cultures. The outcome will be the creation of original comic books!

Supervisor: Martin Gough

### **Latin American Dance**

Latin American Dance is a creativity that catches people's attention and attracts many participants. Students join the activity not only to develop their dancing skills, but also to have fun and to socialize and spend time with people who have the same interest regarding dancing.

**This activity is also offered as Action!**

Supervisor: Jesus Sanchez Rodriguez

### **Lion Dance**

Lion Dance is an activity with the objective to share Chinese culture with the College community, to nurture a team spirits among members and allow participants to extend their personal boundaries. Lion Dance performances take place at all important College events

Supervisor: Li Ping

### **LPC Western Orchestra**

LPC Orchestra focuses on modern and classic music pieces played by both strings and woodwind instruments.

Supervisor: Stella McCracken

### **Photography and Photoshop (P&P) – *new activity!***

P&P is a weekly course where students will have the opportunity to learn basic elements of photography and explore different ways of photo editing by using Photoshop. Participants will develop their creativity, imagination and self-expression!

Supervisor: Hayley Goldberg

### **Speech and Drama – *new activity!***

Speech and Drama will focus exclusively on competing in local drama and public speaking competitions, which are held during the period of September to April each year. There will be weekly meetings where members will gather and practice for the event. LPC students will not only have a chance to improve their confidence and acting skills, they will also have another channel to explore Hong Kong culture and build up networks with local students.

Supervisor: Cherrie Cheung

### **Surviving in Spanish**

Please see the CAS Adviser of this activity for details.

Supervisor: Jesus Sanchez Rodriguez

### **UWC Communication**

Through this group, we build contacts with the other UWCs, focus on a major project each term and organise a fantastic UWC day!

Supervisor: Stella McCracken

### **Yearbook**

The Yearbook is a yearlong activity, chronicling all the major events and happenings in the life of the College, starting with Orientation Week and going right through to the last days of classes. Yearbook duties involve taking photographs, collecting text, interviewing people, designing pages and layout using Photoshop, and endlessly chasing students and staff for their contributions. Although the workload is rather heavy, especially towards the end of the year, there is immense satisfaction in delivering a completed Yearbook to each member of the community on the last day of the College year. **This activity is also offered as Campus Service!**

Supervisor: Selwyn Price

## **Action**

### **Athletics**

Please see the activity supervisor for further details.

Supervisor: John Tonks

### **Badminton**

Badminton sessions are conducted in a relaxed atmosphere with the idea of enjoying the game as well as learning more about the proper techniques. Sessions include basic rules, terminology connected with the game, grip, service, footwork, forehead & backhand strokes and defensive & attacking play. Rackets and shuttles are provided. Talented players are included in the School Team.

Supervisor: Beta Chau

### **Badminton Team Training**

Talented Badminton players are included in the School Team, which will compete in the Inter Schools Championship and also participate in several friendly matches with other schools whenever possible. Advanced training is provided to those who are selected to the School team.

Supervisor: Beta Chau

### **Ballet Training**

Ballet Training is welcome to all beginners to this sophisticated dance form. It will cover the basics of classical ballet, with further training including modern and hip-hop fusion elements. There will also be performances for the school community throughout the year!

Supervisor: Jason Jiang

### **Basketball Boys**

We are open to all abilities with a willingness to learn, develop personal skills and train hard! Our goal is to remain at the top of the Hong Kong Schools' League.

Supervisor: David McCracken

### **Belly Dancing**

Please see the Student Initiative leader for details of this activity.

Supervisor: Pushpa Pandey

### **Boys Football**

The Boys Football activity involves participating in training sessions and highly competitive matches. Weekly training takes place on an artificial turf as you develop your fitness, basic techniques such as trapping, passing and kicking, as well as some tactical points including positioning, supporting and switching between defense and attack. With time, the group of players become a team, and competes in the inter-school football league (last year two major competitions; the New Territories Boys A-Grade League (which the team won more than convincingly) and a Senior Boys School League. The strength of our team is not its reliance on individuals, but rather its strong work ethic, the fact that all the players are prepared to put in that extra sprint, and our common goals of enjoyment, team work and victory.

Supervisor: Ronny Mintjens

### **Field Hockey**

Field Hockey is an Action that is aimed at providing students with an opportunity to either learn how to play field hockey from scratch or further their hockey skills while also doing some fitness training. Training sessions last for an hour and a half in which students warm up first with running and stretches, followed by passing practice and then move on to more complex maneuvers such as ball handling exercises and tactical moves. Each training session is followed by a half hour game where the students practice their skills on the field.

Supervisor: KOKMING LEE

### **Girls Basketball**

Please see the CAS Adviser of this activity for details.

Supervisor: Trevor Marriot

### **Girls Football**

Girls interested in football meet once a week to improve football skills and general fitness. The training sessions take place on a hard surface pitch in nearby Sai Kung and last for about 90 minutes. There are training drills, physical conditioning exercises, tasks linked with tactical awareness and technique, and, above all, plenty of match practice. The emphasis is on serious enjoyment of football. In addition to the training sessions, there are opportunities for some or most of the girls involved in the training sessions to pit their skills against local girls'/women's' football sides in local football tournaments.

Supervisor: Mark Eyeington

### **Golf – *new activity!***

Please see the activity supervisor for further details.

Supervisor: Martin Gough

### **Greco-Roman Wrestling – *new activity!***

Please see the activity supervisor for further details.

Supervisor: David McCracken

### **Indoor Boys Football**

This is an activity in which students and some staff play Indoor 5-a-side football once a week in the school sports hall. The activity lasts 90 minutes and is an opportunity for students and staff to get together in an informal context and enjoy playing football. It is a fun activity, but is excellent for physical fitness and helps develop football skills such as short passing, dribbling and positional sense.

Supervisor: Mark Eyeington

### **Kung Fu**

Please see the activity supervisor for further details.

Supervisor: Cherrie Cheung

### **Netball**

Please see the teacher supervisor for further details.

Supervisor: Selwyn Price

### **Rock Climbing**

Rock climbing aims to teach students the necessary skills to get started in this activity. The first three weeks participants practice on the wall outside the gym. They learn the fundamental safety procedures and climbing techniques. After achieving a satisfactory level of ability students can attend an induction test at the YMCA indoor climbing centre. On completion of the test students are considered sufficiently qualified to use the centre facilities which are monitored by qualified staff.

Supervisor: John Tonks

### **South Asian Dance**

South Asian Dance gives you the opportunity to explore South Asian culture from one of its famous aspects: Dancing! Ever hear of Bollywood? Well, we will be swinging those hips, clanking those bangles, wearing authentic South Asian clothes & even learning a few Hindi lines. In South Asian dance, you'll be dancing mostly to Hindi songs. But we also have a few Bengoli & Bhutanese dances in stock for you. You will also be able to perform at Fund raising events, Cafes and other such events. **This activity is also offered as Creativity!**

Supervisor: Pushpa Pandey

### **Squash Beginners**

Squash Beginner is for students who want to start a new racquet sport. It allows the participants not to confuse what they learn here with previous techniques learnt from other

racquet sports. Students develop a concrete idea of the fundamentals of the sport and the basic strategies to win points. As there is a fairly restricted amount of time in which to practice during the year it is difficult to reach consistent 'perfect' form but, by the end of the year, participants will be able to play a competitive game. You will learn the fundamental drive, boast and drop shot as well as the regular forehand and backhand shots. Squash is a very aerobic game which will contribute to your overall fitness and hand-eye coordination. Whether you are competitive or just want some exciting exercise, come along and play squash.

Supervisor: Martin Gough

### **Squash Intermediate**

Squash Intermediate is for students who want to continue developing their skills in what is undoubtedly the best racquet sport. Students further develop the fundamentals of the sport and learn new strategies to win points. Building on their previous experience the aim is to reach consistent 'perfect' form and, by the end of the year, participants should be able to play competitively and represent the college at squash. Students learn to improve their drive, boast and drop shots as well as to perfect the regular forehand and backhand shots. Squash is a very aerobic game which will contribute to your overall fitness and hand-eye coordination. If you have been playing squash for a year or two and are competitive or just want some exciting exercise, come along and join Squash Intermediate.

Supervisor: Martin Gough

### **Swimming**

This activity is for both beginners and experienced swimmers. Experienced swimmers will hopefully want to join the College team and compete in the Hong Kong Schools League. The competition is very early on in the year - so come and join and start training with us straight away! There will be separate sessions for beginners or anyone who enjoys swimming but doesn't wish to compete.

Supervisor: Stella McCracken

### **Tennis**

Please see the CAS Adviser of this activity for details.

Supervisor: Mark Eyeington

### **Volleyball Boys**

We are open to all abilities with a willingness to learn, develop personal skills and train hard! Our goal is to continue our success within the Hong Kong Schools' League.

Supervisor: David McCracken

### **Volleyball Girls**

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Supervisor: David McCracken

### **Work Out! – New activity!**

Do you participate in regular exercise for a healthy lifestyle, for instance working out with weights or doing exercise classes (not including the exercises involved in the Amazing Voyage that accumulate kilometers)? If so, you can include them towards your Quan Cai commitments PROVIDED that you maintain an exercise record/journal and demonstrate ways in which you have responded to and developed your training/exercise routines.

Supervisor: Steve Reynolds

## **Campus Service**

### **Alumni Connect**

Through maintaining contacts with UWC graduates, students joining this activity will help to maintain the Graduate profile and whereabouts of graduates. Besides the regular meetings, students are expected to help with the Graduate Reunion and interview graduates during the Reunion weekend, which is usually held in mid August. Students also help to interview those graduates coming back on Challenge Day. Students can also be creative in initiating activities related to graduates.

Supervisor: Esther Chau

### **Amazing Voyage**

The Amazing Voyage is set up to encourage our College community to lead a healthy lifestyle through exercise. On a yearly basis, the community ‘travels’ around the world by adding all the distances that staff and students cover while jogging, hiking, swimming, cycling or kayaking for exercise. A team of student representatives are in charge of organizing the logistics, providing updates on how far we have travelled (the Voyage follows a route from Hong Kong to Hong Kong that crosses all the countries represented by our staff and students), and encourage their peers to include exercise in their daily routine. **This activity is offered as a Campus Service for student representatives and Action for any participants that record their distance with the reps and reflect on their exercise programs and progress!**

Supervisor: Ronny Mintjens

### **Amnesty International**

Amnesty International is in general, a movement of ordinary people from across the world who strongly believe in human rights. The Amnesty International Club at Li Po Chun is vested with a single objective and that is to increase community awareness about global human rights issues. This is achieved by student research presentations, the distribution of Amnesty International literature, the publication on bulletin boards and on the Internet of forthcoming AI awareness campaigns, and through open discussion and debate.

Supervisor: Peter Smith

### **AV Team**

The Audio Visual team provides visual and sound support to the College community for a wide range of events, ranging from projection equipment for Cultural Evenings through to sound amplification at social events like Cafe. The activity is a highly important and responsible one and demands a level of technical expertise (or a willingness to learn) and hours of irregular work from A/V team participants.

Supervisor: Steve Reynolds

### **Café**

The Café team organizes performance evenings that consist of the College community sharing dances, songs and poems with each other. It is an event that works to boost morale on campus and bring together the College for one night. The Café team also cooks a wide variety of baked goods that we sell throughout the show with the proceeds going to a different charity each Café.

Supervisor: Michele Morvan

### **East Asian Games – *new activity!***

In December 2009, Hong Kong will host its first ever multi-sport international event! Members of this activity will be involved in organizing events within the campus to promote the culture of Hong Kong and the games themselves. Members will also organize trips to the events (subject to staff supervision). **Note: This is a one term activity only!**

Supervisor: Steve Reynolds

### **English Buddies**

This is an activity in which students assist their peers with their English expression in their written work. They are assigned students who require help ("buddies") and work with them for as long as they need assistance. There is no specific, fixed time for this activity and it is left to the students to set up times to meet with and help their "buddies".

Supervisor: Mark Eyeington

### **Environmental Sustainability Group**

The focus of this Campus Service is to promote environmental sustainability on the College campus. The main areas of action include: the reduction of electricity consumption, the composting of food wastes and water conservation. The aims of this group will be achieved through a combination of practical activities and exercises to educate and raise the awareness of the College community. Enthusiastic students with an interest in environmental issues are encouraged to join.

Supervisor: Trevor Marriot & Pushpa Pandey

### **First Aid**

The First Aid group supports the College in maintaining a system to attend to emergency situations including injuries and sicknesses. First Aid team members also visit the 'sick bay' to check on the needs of those who are sick, help the school nurse to maintain the first aid boxes and coordinating assistance at functions such as blood donor days, open days and on other special occasions. Overall, the purpose is to help the community with health and safety issues. All members of the First Aid group undergo a course conducted by the St. John Ambulance Association and obtain certification before initiation as a member.

Supervisor: Michele Morvan

### **Hong Kong Culture and Exploration**

This activity aims to provide an opportunity for HK students to be hosts to the overseas students. Hong Kong students will organize outings for overseas students on selected Friday afternoons, Saturdays and public holidays. The outings aim to explore the culture of Hong Kong through the use of public transport. Students joining this activity are expected to pay for the transport and other expenses of the trips.

Supervisor: Esther Chau

### **International and Current Affairs (ICA)**

The primary aim of International Current Affairs (ICA) is to foster understanding on campus regarding international political issues. ICA requires a full year commitment in which students will organize and participate in Change of Pace (COP) Days. Additionally, the group organizes many Monday afternoon sessions, covering a wide variety of topics. **This activity is also offered as Creativity!**

Supervisor: Sylla Cousineau

### **Lighting Crew**

The Lighting Crew is a very important activity in the College community that provides lighting for a range of presentations and College events, including Cultural Evenings and theatrical performances. The activity is time consuming and requires commitment, teamwork and a level of technical expertise (or a willingness to learn).

Supervisor: Steve Reynolds

### **LPC Outreach**

LPC Outreach is a campus support that aims to initiate, carry out, and coordinate all fundraising activities on campus. Last year, this involved contributing to various China Week and Project Week trips respectively.

Supervisor: Cherrie Cheung

### **LPC Souvenir**

LPC souvenir is one of the campus support activities that requires creativity, motivation and hard work. The aim of our group is to design, produce and sell school souvenirs. The activity ideally requires a full year commitment. In the past, the activity had sold products weekly and on special school occasions such as Open Days. The activity restocked the perennial best seller

Polo T-shirts and manufactured items like LPC hoodie with a creative Dragon design, an LPC jacket with embroidered letterings, a stylish phone-strap and a T-shirt with UWC values.

Supervisor: KOKMING LEE

### **Mandarin Tutorial**

Mandarin Tutorial aims is to provide support to students studying the academic subjects of Mandarin Ab initio / Mandarin B, in the form of one-to-one tutorials focusing on pronunciation, grammar, vocabulary, composition, and other linguistic aspects.

Supervisor: Li Ping

### **Math Buddies**

The Math Buddies has three main goals. This first one is to meet each week in order to discuss interesting areas of mathematics, recent developments in mathematics, and challenging contest problems. We will also prepare and write the American Mathematics Contest. The second goal is for each member of math buddies group to act as a mathematics resource in their own block by making themselves available to assist their peers with their math homework. The third goal is a new initiative, which will involve holding a math contest in October for local students.

Supervisor: Shelley Barton

### **Model United Nations (MUN)**

The Model United Nations is an ideal framework to explore many of the burning issues on the international scene today within a structured framework in which students are also made to learn the basic rules operating within the UN assembly. Thus, they can get a foretaste of the art of diplomacy and of the pitfalls of consensus building within that institution. Activities take place both within and without the College as we participate in MUN outside of LPC.

Supervisor: Sylla Cousineau

### **LPC Netorial**

The Netorial team accepts responsibility for designing, maintaining and enhancing the LPCUWC website. **This activity is also offered as Creativity!**

Supervisor: Stephen Codrington

### **Peer Support**

The Peer Support Service is aimed at offering emotional support to students in crisis on campus. The peer supporters provide a valuable, confidential, neutral and emotional support to LPC students. Students have sought support for relationship difficulties, bereavement, homesickness, depression, self harm, and academic issues. All of the peer supporters have actively promoted positive mental health on campus and offered a gateway into counseling, when they have identified a need. In addition they have led stress management, sleep and sex education workshops on campus. All students selected undergo an intensive and extensive training focused on self awareness, self development and helping skills. The training program is modeled on the Oxford University Peer Support Program.

Supervisor: Michele Morvan

### **Spanish Buddies**

Please see the CAS Adviser of this activity for details.

Supervisor: Jesus Sanchez Rodriguez

### **Student Consultative Committee (SCC)**

The Student Consultative Committee (SCC) is a group of ten students, one from each residential block and one to represent each of six geographical regions, democratically elected by their peers. This group meets periodically with senior staff to discuss issues of interest to the College community, and as such provides a valuable link between the administration and the student body.

Supervisor: Martin Gough

## **Community Service**

### **Action, Sports, Kids (A.S.K.)**

Please see the activity supervisor for further details.

Supervisor: Cherrie Cheung

### **Best Buddies**

Best Buddies is a program that matches people with intellectual disabilities with students and creates one to one friendship between them. By becoming a Buddy, volunteers offer people with intellectual disabilities the chance to explore life in a new way. Each week either our students will go to the Center in Tai Wai or the buddies will come to our College to have activities. Sometimes, they would also go to shopping malls, parks and even the beach for outings.

Supervisor: Esther Chau

### **Birthday Happiness –*new activity!***

The objective is to make each child feel special on their birthday and provide the usual party, birthday present and games which the parents could not otherwise afford. Based on others' experience, these parties have been found to raise the child's self-esteem and create a feeling of self-awareness and confidence. These parties are run in various housing estates around Hong Kong for underprivileged kids. The activity involves setting up birthday parties, playing games and entertaining the children.

Supervisor: Hayley Goldberg

### **Caritas Tai Wai**

Volunteers are divided into small groups to plan and run after-school activities for mentally challenged children between the ages of 6 to 16 in this boarding school. These children have a

variety of mental challenges including autism, hyperactivity or Trisomy 21 (Down's syndrome). They greatly benefit from individual attention and enjoy the physical and social contact with others. During activities such as community encounter and various games, we hope that volunteers will develop a better understanding of physically and mentally challenged children while sharing many of their talents with others.

Supervisor: Jesus Sanchez Rodriguez

### **Coral Monitoring**

Marine environments around the world are under threat from a variety of sources: pollution, dumping of sludge, fishing, coastal reclamation, and damage from scuba divers (amongst others). This Service focuses on monitoring the major coral communities at Hoi Ha Wan Marine Park in which a WWF Marine Studies Centre has been constructed. Being a member of the team involves you being (re)trained as a diver and learning about marine systems as well as identification and survey techniques. Thus, all CAS objectives can be fulfilled, with a focus on both Action and Service. We monitor the corals by using Reefcheck and Coralwatch protocols, and share the data with both of those organizations, as well as PADI Project Aware, WWF, and the Hong Kong Agricultural, Fisheries and Conservation Department (AFCD). It is a two-year service, with planning sessions on Monday afternoons and approximately 8 weekend days (Saturday and/or Sunday) per annum. Due to temperature limitations, most diving occurs between August-November as well as March and April. In the first year, participation in the service involves mandatory training during Project Week. In order to select the team, an application form, swim test, and interview are conducted. Participants must also pass a dive medical and have a waiver signed by their parent(s) or guardian(s). Coral Monitoring is a great challenge and a lot of fun for those interested in environmental sustainability. **This activity is also offered as Action!**

Supervisor: Julie Harris and Linda Olson (with Martin Gough and Michele Morvan)

### **Crossroads**

Crossroads is a Hong Kong based charity that collects unwanted goods from the local community, then stores and renovates these items before shipping them worldwide to charitable groups that are in need. It also runs a life-experience programme during which people participate in an activity designed to simulate the difficulties faced by various disadvantaged groups in the world. Our work is highly valued by the Crossroads team who always reserve their most challenging and important tasks for us!

Supervisor: Stella McCracken

### **English Tutorials**

The English Tutorial Programme is run by the College in conjunction with Ling Liang Primary School in Lee On. Groups of LPC students get together first on Monday afternoon to prepare a weekly tutorial package with a focus on conversational competence. They then go to Ling Liang School on Tuesday afternoon to provide the prepared English tutorial to local students in an informal setting after the end of their regular classes. The Service requires a participant to speak English at native or near-native level, have a strong service spirit, patience with slow

learners, and a strong sense of responsibility and reliability. You will find the Service a highly rewarding one.

Supervisor: Jason Jiang

### **Global Concerns Action Team (GCAT)**

The Global Concerns Action Team (GCAT) is a Service that aims to offer support through action as well as fund raising to people in genuine need in other places (i.e. outside Hong Kong). The focus is on action – doing something – rather than being yet another forum for discussions. GCAT members commit themselves to join at least two Project Teams, one of which will involve a commitment to Service, usually (but not necessarily) during China Week and/or Project Week. It is expected that in 2009-10 there will be seven Project Teams: (1) enhancing primary education opportunities for minority groups in China (especially Yao tribe children), (2) support for leprosy sufferers in Guangdong province (China), (3) helping orphans in Phnom Penh (Cambodia), (4) helping to build medical clinics in Guizhou (China), (5) taking action against child trafficking, especially in Cambodia, (6) working with UNICEF in North Korea, and (7) working with "Free the Children" in China. Also see Traffick Link Service!

Supervisor: Stephen Codrington

### **Global Issues Forum (GIF)**

GIF facilitators (with the help of other College community members) prepare a range of presentations on a variety of topics of political, environmental, social, economic, cultural and religious significance and present them to the community followed by discussion. NOTE: Students are invited to join this activity in Term 2.

Supervisor: Magan Savant

### **Help for Domestic Helpers (HDH) – *new activity!***

Helpers for Domestic Helpers (HDH) are a nonprofit organization that provides free paralegal advice, counseling, and guidance for foreign domestic workers. It is a part of the community outreach program of St. John's Cathedral. HDH helps foreign domestic workers (FDWs) understand their rights and encourages them to utilize all available legal avenues to enforce those rights. LPC students will contribute by providing: Language translation (Cantonese/Filipino/Indonesian); Assisting domestic helpers in court hearings, accompanying them to receive money and/or A/T from employer or belongings from the agency; Raise awareness in the Hong Kong community about the treatments of DHs in HK, Hong Kong Law, and DH rights. This is done through going on a school tour (mainly to local schools in Hong Kong) and inviting helpers and speakers to LPC in order to raise awareness within our own community; Listen to DHS' stories and provide help by either writing to/calling employer/agency and explain their rights bind by the law; Help manage the HDH website; Raise funds by selling greeting cards, participating in the parish walk, and conducting our own fund-raising events (like proposing to café); Conduct a GIF at least every two years.

Supervisor: Julie Harris

### **Home for the Aged**

Home for the Aged is a Service for the elderly. The aim of our service is to promote communication and close interaction with the elderly in order to bring care and happiness to them. Students have regular service at the “Home for the Aged” in Tai Po every Thursday afternoon. They have various activities with the elderly, including chatting, organizing games and taking elderly out for shopping.

Supervisor: Esther Chau

### **Hospital Service at PWH**

Students of this Service go to the Prince of Wales Hospital in Shatin every Friday afternoon. They take games from the resource center to the children’s ward and play with the children. They also prepare simple craft work or games for the children.

Supervisor: Esther Chau

### **Initiative for Peace (IFP)**

IFP trains students as facilitators for 'Day Camps' and a yearend conference on the Mindanao issue. The activity prepares for conference focusing on planning and the logistics of the events. Students train as facilitators learning various techniques and theory of 'Conflict Management & Resolution'.

Supervisor: Magan Savant

### **KELY Support Office and KELY Support Programs – *new activity!***

The KELY Support Group is a local charity that offers non-judgmental support to young people in Hong Kong. Students involved in this activity will support the work of Kely Support by completing clerical work, fundraising and assisting in new projects/ programs and peer support programs. Students will become advisers on a panel for new school programs and offer feedback in the ideas, structure and running of workshops related to drug and sex awareness, eating disorders and self-esteem.

Supervisor: Hayley Goldberg

### **Lee On**

Lee On Service has two main objectives. This first objective is to help the Lee On centre with the afterschool program for young children. This will involve helping young children with their homework and planning activities which are educational and will entertain the children. The second objective is to provide tutoring support to high school students in the area. This support may involve English oral tutorials.

Supervisor: Shelley Barton

### **Mai Po Ecosystem**

This environmental Service encompasses voluntary work at Mai Po, a nature reserve in the north-western New Territories run by the World Wide Fund for Nature. You will be involved in a variety of activities: from cutting trees and mangroves to clearing rubbish and dismantling sheds and bridges. The physical work is well complemented by learning about the environment and its

conservation. You can expect to be involved on 3 or 4 full Saturdays per term so don't select other Saturday activities. Lots of fun . . . and lots of MUD!

Supervisor: Michele Morvan

**MOS Kids – *new activity!***

MOS Kids is a new Community Service that aims to expose local children to culture around the world with our students' participation and teach English through games. There will be English-focused activities and tutorials during each session to increase the children's knowledge of spoken English. Whenever there is a festival or a special occasion coming up, we will give presentations on its background and customs. Members will also introduce dances and songs from their own culture to the children. This service takes place every Friday afternoon.

Supervisor: Jesus Sanchez Rodriguez

**Mothers Choice – *new activity!***

Mother's Choice is a new Service; student initiated and liaised with Mother's Choice - an organization that works with pregnant teenagers. Their facilities include an orphanage for children and babies, who are waiting for adoption. The aim of this Service is to support Mother's Choice mission "to provide and promote loving, nurturing care for babies and children needing permanent homes, and for single girls and their families facing crisis pregnancies." Students will undergo training and then assist in the care of babies and young children in an orphanage in Central. Group members should have an interest in caring for babies / children.

Supervisor: Hayley Goldberg

**Operation Smile – *new activity!***

Raising awareness and fundraising for "Operation Smile", an international charity organization that provides free surgery for children with cleft lips or cleft palates. Includes going to "Operation Smile" workshops, Fundraising will take place primarily within LPC (e.g., bake sales, T-shirt sales, etc) on a weekly basis (e.g., during break by the vending machines) and a few fundraising activities outside the college (working in conjunction with the organization). In the long-run, our aim is to visit local schools and promote awareness and discuss functions and goals of Op Smile student clubs so that they can be set up in other schools to encourage volunteerism with local youth.

Supervisor: Magan Savant

**Peer Support at Yiu On**

Peer Support at Yiu On is a Service with two main aims. Our first aim is to be peers to the underprivileged students from low family income families or with low academic achievement from the Yiu On neighborhood. Through the interaction between the two parties, we hope to provide the Yiu On students with a chance and a platform to express, or even to solve any issues that they may encounter in their everyday lives. Secondly, we aim to provide quality academic guidance for these students. To ensure smooth running of our Service, we spend three sessions at the beginning of the year learning how to become a good peer counselor from

a professional social worker. Parties are organized at Christmas and at the end of the year to strengthen our bonds.

Supervisor: KOKMING LEE

### **Pinehill Village**

Pinehill Village is one of the few residential centres for mentally and physically challenged children and youngsters in Hong Kong. The aim of this Service is to provide enough manpower and interaction with young children in need in the Pre-school Centre. This is a full year commitment with lots of special outings (at least once a month) so that these children, aged from 3 to 6, can get more exposure to the community. Based on the composition of the Pinehill kids and the demands of their varying abilities, our students have been further allocated into two different groups "bananas and grapes" for the severely challenged and "watermelons and lemons" for the more active ones.

Supervisor: Beta Chau

### **Playback**

Playback is a theatre form that celebrates the lives of the audience. The audience are invited to share their life stories and feelings with the Playback team who perform or 'play them back' using abstract improvisational movement and sound. Playback is therapeutic and celebratory for both performers and audience and demands a high degree of teamwork, trust, spontaneity and risk taking from the participants. Playback serves a wide range of audiences including physically and mentally challenged care centres, a refugee centre and a home for the aged as well as local schools. **This activity is only available from Term 2 in Year 1. This activity is also offered as Creativity!**

Supervisor: Steve Reynolds

### **Poinsettia**

Poinsettia Primary School provides an education for children of Nepali background who are unable to get into mainstream Hong Kong primary schools. The school is located in a disused shopping mall and lacks many facilities. The aim of the service is use LPC facilities to develop activities for the children. In addition, it provides a good opportunity for the children to get to know and form a relationship with LPC students and vice versa.

Supervisor: Pushpa Pandey

### **Ronald McDonald House**

Ronald McDonald House is a philanthropic association, which provided a temporary home for cancer children in Hong Kong and the Mainland. The House is close to the children cancer hospital so that children and their families can stay in the house while they are having their treatment. The Service comprises of taking care of children who are residing there and doing work such as making certificates for volunteers, translating documents, etc. Students also provide other help such as cleaning the house, rearranging books etc.

Supervisor: Esther Chau

### **Sino-Japanese Youth Conference**

Please see the Student Initiative leader, Michelle Kwan for details of this activity.

Supervisor: Stephen Codrington

### **TeenAiders**

This service aims to promote HIV/AIDS prevention through awareness and understanding as well as breaking down the stereotypes and obliterating misconceptions of this deadly virus. Students undergo extensive training by various foundations in Hong Kong, and with this training offer fun, informative workshops in English to local and international schools in Hong Kong. Involvement in World AIDS Day preparation and community work for different AIDS organizations is another aspect of this service.

Supervisor: David McCracken/Hayley Goldberg

### **Traffick Link – *new activity!***

This is a new Service aimed at raising awareness of the trafficking of people for sex. During the first term we will be learning and sharing as a group through our own research and contacts with local groups and international organisations such as ‘Stop the Traffik’ and ‘Anti Slavery International’. During the second term we will visit other schools to carry out workshops, raising awareness of the causes and effects of sex slavery. We will use the media and organise campaigns within Hong Kong to raise awareness and will continue our involvement with AFESIP in Cambodia during Project Week. **NOTE: Traffick Link is part of GCAT! Please sign up for GCAT to be involved in Traffick Link! DO NOT sign up for Traffick Link!**

Supervisor: Stella and David McCracken

### **Y.E.S. (Youth Education Service)**

Youth Education Service (YES) is run with the support of World Vision Hong Kong, an international humanitarian organization. The aim of YES is to inspire, educate and empower students in Hong Kong to establish a global vision and take action in working towards “A World without Poverty”. YES organizes workshops and activities for local schools involving presentations, role play, simulation, discussion etc. to raise global issues awareness for local high school students. In 2008 activities were facilitated for LPC students, focusing on the Global Food Crisis Campaign 2008. **This activity is also offered as Creativity!**

Supervisor: Cherrie Cheung

**99 official activities offered!**